

pizzas

(all homemade with flávio's own marinara sauce)

margherita £7.50
tomatoes, basil & mozzarella

hawaiian £8.00
ham, pineapple & mozzarella

italian pepperoni £8.00
italian pepperoni & mozzarella

vegetable de rosso £8.50
peppers, artichoke, sun-dried tomatoes, mushrooms, spinach & mozzarella

chicken pesto primavera £8.50
pesto, chicken, tomatoes, peppers, red onion, basil & mozzarella

flávio's meat feast £9.00
pepperoni, chicken, sausage, salami, olives, mushrooms & mozzarella

extra toppings + £0.50 each
vegan cheese & gluten free bases available

sides

chunky chips £2.50
sweet potato fries £3.00
halloumi fries £3.50
cheesy chips £3.50
chicken strips £4.00

salads

pulled chicken tikka & bulgar wheat £7.50
bulgar wheat, mixed leaves, cherry tomatoes, cucumber & yoghurt mint dressing

mediterranean £7.50
mixed leaves, artichoke, red onions, peppers, olives & feta cheese

fresh salmon & thai noodle £8.50
pan fried salmon, orange segments, peas, mange tout, spring onions, rice noodles & thai dressing

smoked salmon £8.50
smoked salmon, rocket leaves, sun-dried tomatoes, avocado, garlic croutons, french dressing & balsamic syrup

chicken caesar salad £8.50
chicken, bacon, anchovies, lettuce leaves, garlic croutons, parmesan cheese & caesar dressing

jacket potatoes

cheese £5.00
baked beans £5.00
tuna £5.00
coleslaw £5.00
chilli beef £5.50

(served with a salad garnish - add extra cheese + £0.50)

pastas

mac & cheese £7.00
macaroni pasta with leeks, blackened tomatoes & a cheese sauce

linguine bolognese £8.00
minced beef with mushrooms in flávio's bolognese sauce topped with parmesan cheese

wild mushroom & leek pasta £8.00
wild mushrooms, leeks, cream, tarragon & pasta sheets
(add pancetta + £0.50)

creamy salmon tagliatelle £8.50
salmon flakes in a creamy sauce with baby spinach & dill

flávio's lasagne al forno £9.00
served with garlic bread & a side salad

children's menu

mac & cheese £5.00
margherita pizza £5.00
hawaiian pizza £5.50
pepperoni pizza £5.50
lasagne with peas or salad £5.50
chicken or fish goujons & chips £5.50
with peas or baked beans

sandwiches

(choose from white, granary or gluten free bread)

blt	£3.75
bacon, lettuce & tomato	
tuna	£3.75
tuna, mayo, sweetcorn & rocket	
ham	£3.75
ham, tomato, cucumber & dijonaise	
cheese & onion	£3.75
cheddar cheese & onion relish	
vegan greek	£3.75
roasted peppers, aubergine, baby spinach & hummus	
sausage	£4.00
pork & apple sausage & tomato chutney	
coronation chicken	£4.00
coronation chicken & rocket	
smoked salmon	£4.50
smoked salmon with cream cheese, chives & rocket	
cod goujon	£4.50
battered cod goujons, tartare sauce & rocket	

toasted paninis

mozzarella & tomato	£5.00
mozzarella & tomato slices	
tuna	£5.50
tuna, mayo, sweetcorn & mozzarella	
ham & cheese	£5.50
ham & cheddar cheese	
vegan greek	£5.50
Roasted peppers, aubergine, hummus & vegan cheese	
bacon & brie	£5.50
bacon & slices of brie	
pesto chicken	£6.00
chicken, pesto, spinach & mozzarella	
bbq pulled pork	£6.00
pulled pork, spinach & mozzarella	

breakfast menu

(available 9:30am - 11:30am on weekends & during school holidays)

full english	£7.00
bacon, sausage, fried egg, hash brown, black pudding, tomato, portobello mushroom, baked beans & toast	
eggs royale	£5.50
poached eggs, smoked salmon & hollandaise sauce on a toasted muffin	
bacon or sausage bap	£2.50
add extras - £0.50 each:	
bacon, sausage, egg, hash brown, black pudding, portobello mushroom, tomato, avocado, spinach, cheese	
ham & cheese toastie	£3.50
toast, butter & jam	£2.00
porridge bowl	£2.00

spanish omelettes

spinach	£6.50
baby spinach, sun-dried tomatoes, potato slices, red onions & mozzarella	
tuna	£7.00
tuna flakes, potato slices, mixed peppers, cherry tomatoes & mozzarella	
chicken & chorizo	£7.50
chicken, chorizo, potato slices, red onion & mozzarella	
bbq pulled pork	£7.50
bbq pulled pork, potato slices, spinach & mozzarella	



all dishes are homemade and freshly prepared on the premises. if you have any specific dietary requirements, please speak to a member of staff.

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**contact greg davis:
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